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Total Rewards Management Exam

WorldatWork T1-GR1

Version Demo

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QUESTION NO: 1

Which statement best describes an employee assistance program (EAP)?

A. It provides confidential resources to help employees address personal or work-related concerns

B. It guarantees employees additional paid leave for any absence

C. It replaces the organization's medical insurance plan

D. It establishes individual salary increases

ANSWER: A

Explanation:

It provides confidential resources to help employees address personal or work-related concerns. An EAP commonly offers short-term assessment, counseling, referral, and resource services for concerns such as emotional well-being, substance misuse, financial stress, family issues, or work-related challenges. It is generally intended to help employees address concerns before they significantly affect well-being or job performance.

An EAP is a work-life and well-being resource, not a substitute for employer performance management or a health plan's comprehensive medical coverage. Employees should understand how to access the program and the limits of confidentiality. The U.S. Department of Labor provides employee-benefit information at its ERISA resource page.

QUESTION NO: 2

In general, what should occur first in the performance management process?

A. Conduct performance discussion

B. Define goals, standards and measures

C. Conduct career opportunities discussion

D. Determine rewards.

ANSWER: B

Explanation:

Define goals, standards and measures should occur first because performance management begins by establishing a shared understanding of what successful performance means. Clear goals align an employee's work with organizational priorities, standards describe the expected level or quality of performance, and measures provide observable or measurable evidence for assessing results. Setting these expectations at the outset creates the foundation for ongoing coaching, feedback, formal performance discussions, development planning, and any later reward decisions. It also supports consistency and perceived fairness: employees and managers can refer to mutually understood expectations rather than relying on retrospective or subjective judgments. Effective goals are typically specific, relevant to the role and business strategy, and accompanied by meaningful measures or indicators. The process is most useful when the manager and employee discuss and clarify these expectations together, revisiting them as business conditions or responsibilities change. This reflects the performance-management principle that planning and goal setting are continuous, foundational activities, not steps deferred until an evaluation conversation. WorldatWork describes performance management as an ongoing process that aligns employee performance with organizational objectives; see WorldatWork. For practical guidance on setting clear, measurable performance goals, see the U.S. Office of Personnel Management's performance-management planning guidance.

QUESTION NO: 3

Which of the following statements best describes defined contribution (DC) plans?

A. They require complex actuarial calculations and assumptions.

B. The benefit is based on a formula that considers pay and service.

C. They generally provide better benefits to employees with longer service.

D. The employee assumes the risk for the investments.

ANSWER: D

Explanation:

“The employee assumes the risk for the investments.” best describes a defined contribution plan. In a DC arrangement, the employer, employee, or both make specified contributions to an individual account. The eventual retirement benefit is not promised in advance; instead, it depends on the amount contributed, investment returns (or losses), fees, and the timing and form of distributions. Consequently, the participant generally bears the investment risk: poor investment performance can reduce the account balance, while strong performance can increase it. The employer’s obligation is ordinarily limited to making the required contribution and administering the plan according to its terms, rather than guaranteeing a particular lifetime retirement payment. This account-based structure is fundamental to common DC plans such as 401(k) plans. The U.S. Department of Labor explains that, in participant-directed individual account plans, participants may direct investments and therefore make decisions affecting their retirement accumulations. The Internal Revenue Service likewise describes defined contribution plans as plans that provide an individual account for each participant and benefits based solely on contributions and investment gains or losses. See the U.S. Department of Labor’s ERISA retirement-plan overview and the IRS explanation of defined benefit and defined contribution plans.

QUESTION NO: 4

Which of the following are the two primary elements of benefits?

A. Mental health coverage and health care coverage

B. Pay for time not worked and income protection programs

C. Unemployment and disability

D. Defined contribution and defined benefits plans

ANSWER: B

Explanation:

Pay for time not worked and income protection programs correctly identifies the two broad, primary elements used to organize employee benefits. Pay for time not worked provides continued compensation when an employee is absent from active work, such as through vacation, holidays, sick leave, and other approved leave. This element recognizes that time away from work can be a valuable employer-provided component of total rewards, rather than simply an unpaid interruption in earnings.

Income protection programs address financial risks that may interrupt earnings or create significant personal costs. They commonly include benefits such as medical coverage, disability coverage, life insurance, retirement benefits, and legally required programs. Their central purpose is to help employees and their families maintain financial security when illness, injury, retirement, unemployment, or other life events affect their ability to earn income or meet necessary expenses. The U.S. Department of Labor describes employee benefit plans as including welfare and pension benefits, while its leave guidance illustrates the importance of protected and paid time away from work in employment relationships. These broad categories make the stated pair the appropriate high-level classification of benefits within total rewards.

References: U.S. Department of Labor: ERISA and employee benefit plans; U.S. Department of Labor: Benefits and leave.

QUESTION NO: 5

For which type of employees should the lowest (first) quartile be used in a merit pay system with pay ranges divided into quartiles?

A. Red-circled employees

B. Employees new to the role

C. High-performing employees with five years in the job

D. Fully meets standards employees with five to seven years of experience

ANSWER: B

Explanation:

Employees new to the role is correct because the first quartile of a salary range generally represents the entry or developing portion of the range. Employees in this segment are still building the knowledge, technical capability, organizational familiarity, and sustained performance required for full proficiency in the job. Their base pay is normally positioned lower in the range until they demonstrate that they can consistently perform the role's core requirements independently.

In a merit-pay structure that uses range quartiles, an employee's position in the range is an important input to merit-increase guidance. Newer employees commonly have greater room for base-pay progression as they acquire experience and move toward a fully proficient market position. Merit matrices may therefore differentiate increases by both performance and range position, supporting appropriate development-based pay movement while maintaining the integrity of the established pay range.

This approach reflects the broader total-rewards practice of aligning pay progression with demonstrated competence, experience, performance, and the organization's salary-range architecture. WorldatWork discusses the principles and administration of base-pay programs in its Base Pay Management course, and its resources library provides additional compensation-management guidance.

QUESTION NO: 6

Which method of job evaluation uses a "whole-job" approach to determine the importance of each job to the company?

A. Job component

B. Ranking

C. Benchmark

D. Point factor

ANSWER: B

Explanation:

Ranking is the job-evaluation method that uses a whole-job approach. Evaluators consider each job in its entirety and place jobs in a relative order according to their overall organizational value, importance, or contribution. Rather than separately assigning scores to compensable factors such as skill, effort, responsibility, or working conditions, the evaluator makes an overall comparison of one role against another. The resulting hierarchy can help an organization establish a basic internal job structure and identify the relative standing of jobs for pay-administration purposes.

This approach is especially practical in smaller organizations or where the number of jobs being compared is manageable, because the comparison is direct and relatively straightforward. It is commonly described as a non-analytical job-evaluation method precisely because it assesses the job as a whole instead of breaking it into components and weighting or scoring them. The Chartered Institute of Personnel and Development describes job ranking as ordering jobs by their relative value, while the U.S. Office of Personnel Management identifies ranking as a method for comparing jobs on an overall basis. See CIPD's job evaluation factsheet and the U.S. Office of Personnel Management's job-evaluation guidance.

QUESTION NO: 7

Which type of recognition is most appropriate when a manager wants to acknowledge an employee's timely contribution to resolving a customer problem?

A. Informal recognition

B. A salary-grade adjustment

C. A long-term incentive award

D. A job evaluation review

ANSWER: A

Explanation:

Informal recognition is most appropriate because it allows a manager to provide prompt, specific appreciation close to the contribution. A personal thank-you, written note, or timely acknowledgement in an appropriate setting can reinforce the behavior while clearly linking the recognition to the customer outcome.

Formal recognition programs are useful for larger or more structured achievements and usually involve defined nomination, review, and approval processes. Informal recognition is especially effective when it is sincere, specific, and consistently applied. WorldatWork identifies recognition as an important component of an integrated total rewards approach; see WorldatWork's Total Rewards Model.

QUESTION NO: 8

Which of the following is a nonquantitative method of job evaluation?

A. Point factor

B. Ranking

C. Job content

D. Rating.

ANSWER: B

Explanation:

Ranking is a nonquantitative job-evaluation method because it establishes the relative internal value of jobs by placing them in an overall order, from highest to lowest, based on the organization’s judgment of their relative contribution, responsibility, skill requirements, and working conditions. It does not assign numerical points to compensable factors or calculate a total score. Instead, evaluators compare whole jobs to one another and determine their relative position in the job hierarchy. This approach can be particularly practical for smaller organizations or for evaluating a limited set of clearly distinguishable jobs, where a straightforward internal comparison is sufficient to support pay relationships.

In total rewards practice, job evaluation is used to support internal equity by determining how jobs relate to one another before pay structures and salary ranges are designed. Ranking supplies that relative hierarchy through qualitative judgment, making it a recognized nonquantitative approach. The U.S. Office of Personnel Management describes job evaluation as assessing the relative value of jobs for pay purposes: OPM Job Evaluation fact sheet. For broader professional guidance on compensation and total rewards principles, see WorldatWork.

QUESTION NO: 9

Why is it important TR professionals to understand economic conditions?

A. They are internal influences that drive organizational culture.

B. They provide a framework for designing rewards packages throughout an organization.

C. They determine what programs may be legally applied in any given location.

D. They require timely responses in adjusting programs to meet changing situations.

ANSWER: D

Explanation:

They require timely responses in adjusting programs to meet changing situations. Economic conditions directly affect an organization's ability to fund rewards and employees' perceptions of the value and competitiveness of pay, benefits, and other rewards. For example, inflation can erode employees' purchasing power, a tight labor market can increase competitive pay pressure, and an economic slowdown can constrain budgets or change workforce priorities. Total Rewards professionals need to interpret these changes promptly so that reward decisions remain sustainable for the organization while continuing to support attraction, retention, engagement, and performance.

This understanding is not limited to annual salary-budget planning. It informs ongoing choices about base-pay adjustments, variable-pay opportunity, benefit cost sharing, retirement contributions, recognition, and communication of total reward value. Monitoring indicators such as wage growth, labor-market conditions, and inflation enables professionals to assess whether current programs still meet business and workforce needs and to recommend appropriately timed adjustments. The U.S. Bureau of Labor Statistics' Employment Cost Index is one example of a source used to track changes in employer compensation costs: https://www.bls.gov/eci/. WorldatWork's Total Rewards framework likewise emphasizes aligning reward programs with changing organizational and external conditions: https://www.worldatwork.org/total-rewards-model/.

QUESTION NO: 10

What phrase below best describes a benchmark job?

A. A job being paid at the midpoint of the salary range

B. A job that is easily defined and found in other organizations

C. A job that is considered an outlier for purposes of market pricing

D. A job that is held by at least 25% of an organization's workforce.

ANSWER: B

Explanation:

A job that is easily defined and found in other organizations is the best description of a benchmark job. In compensation practice, benchmark jobs are common, well-understood positions whose duties and scope can be matched reliably to comparable jobs in external salary-survey data. Because the work is sufficiently standardized and prevalent across employers, compensation professionals can obtain credible market-pay information and use it to establish or validate pay ranges, pay structures, and pricing for related internal jobs. Benchmarking does not mean that the incumbent is paid at a particular point in a salary range; rather, it is a method of comparing the organization's role with the external labor market. A useful benchmark has a clear job description, represents a meaningful and stable body of work, and has enough external matches to support dependable market analysis. WorldatWork identifies market pricing as the process of using external market data to determine the competitive value of jobs, with benchmark roles serving as the primary link between internal jobs and survey-market data. See WorldatWork's overview of compensation and the U.S. Office of Personnel Management guidance on pay systems and market comparison.

QUESTION NO: 11

Which statement is most accurate regarding organizational performance?

A. Individual performance is unrelated to organizational performance.

B. The poor performance of just one individual will disrupt the performance of the entire organization.

C. Performance at every level should be aligned towards achievement of organizational goals.

D. Performance can only be accurately measured at the organizational level.

ANSWER: C

Explanation:

Performance at every level should be aligned towards achievement of organizational goals. Organizational performance is produced through the coordinated contributions of the organization, its business units, teams, and individual employees. Effective performance management therefore begins by clarifying enterprise goals and translating them into relevant objectives, measures, and expected results at progressively closer levels of work. This alignment creates a clear line of sight: employees can understand how their priorities and performance contribute to broader strategic outcomes, while leaders can monitor whether team and unit results are collectively advancing the organization's mission and strategy.

In total rewards management, this principle is particularly important because performance measures, recognition, incentives, development, and accountability practices should reinforce the behaviors and results needed to execute organizational strategy. Alignment does not require every role to use the same metrics; rather, each level should have measures appropriate to its responsibilities that connect meaningfully to organizational objectives. Well-designed alignment also supports consistent goal setting, productive performance conversations, and informed decisions about rewards and talent investments. The U.S. Office of Personnel Management describes cascading organizational goals into employee performance plans as a core aspect of performance management: OPM Performance Management Planning. Additional guidance on linking employee performance to organizational objectives is available from SHRM's Managing Employee Performance toolkit.

QUESTION NO: 12

What are usual, customary and reasonable charges (UCR)?

A. The charges that an insurance carrier determines are normal for a particular medical procedure within a specific geographical area

B. The charges that are published annually in the Global Insurers' Medical Cost Comparison Guide

C. The charges that are allowable for any given medical procedure with no pre-treatment authorization

D. The charges that are typically paid up front by a plan participant for services rendered.

ANSWER: A

Explanation:

Usual, customary and reasonable charges (UCR) are the amounts a health insurer recognizes as appropriate payment levels for covered medical services in a particular geographic area. Insurers generally establish these amounts by examining charges for the same or similar service within the relevant local market and applying their plan's methodology. "Usual" commonly reflects what providers generally charge for a service, "customary" reflects the prevailing range of charges in the area, and "reasonable" allows the insurer to consider the clinical circumstances and complexity of the specific case. UCR limits have historically been particularly relevant to indemnity plans and out-of-network reimbursement: when a provider's billed charge exceeds the plan's UCR amount, the plan may reimburse only up to its recognized amount, leaving the participant potentially responsible for the difference. Thus, the correct description is the charges that an insurance carrier determines are normal for a particular medical procedure within a specific geographical area. This concept supports consistent administration of medical-plan benefits while accounting for meaningful geographic variation in health care pricing. See the Centers for Medicare & Medicaid Services glossary and the HealthCare.gov definition of allowed amount for related health-plan payment terminology.

QUESTION NO: 13

Which performance standard specifies the amount of work an employee is expected to complete?

A. Quality

B. Quantity

C. Method

D. Behavior

ANSWER: B

Explanation:

Quantity is correct because quantity standards establish the expected volume of output, such as the number of claims processed, customer calls answered, units assembled, or reports completed during a stated period. The standard should identify the expected amount of work and the time period in which it is to be completed.

Quantity should be balanced with other relevant measures, particularly quality, timeliness, safety, and customer service, so employees are not encouraged to increase volume at the expense of desired results. The U.S. Office of Personnel Management provides guidance on establishing measurable performance expectations in its performance-management planning resources.

QUESTION NO: 14

Which is the most accurate description of the work-life effectiveness element of total rewards?

A. Cash provided by an employer to an employee for his or her efforts and results toward completion of goals

B. Organizational practices, policies and programs to help employees achieve success within and outside of the workplace

C. Alignment of organizational, team and individual efforts toward success

D. Learning experiences designed to enhance employees' skills and competencies

ANSWER: B

Explanation:

Organizational practices, policies and programs to help employees achieve success within and outside of the workplace is the most accurate description of work-life effectiveness. In WorldatWork's Total Rewards Model, work-life effectiveness addresses the integration of employees' work responsibilities with their personal and family needs. It encompasses the workplace culture, managerial support, flexibility, and practical programs that enable people to perform effectively while maintaining their well-being and fulfilling commitments beyond work.

This element may include flexible work arrangements, paid time off, caregiving support, employee assistance programs, wellness resources, and policies that give employees greater control over when, where, or how work is accomplished. The objective is not merely to provide a benefit, but to create conditions in which employees can sustainably contribute, feel supported, and experience a positive employment relationship. Work-life effectiveness therefore connects organizational performance with employees' ability to manage the full realities of their lives. WorldatWork identifies work-life effectiveness as one of the core elements of its total rewards framework; see WorldatWork's Total Rewards Model. For further context on work-life practices and flexible work, see the SHRM flexible work arrangements toolkit.

QUESTION NO: 15

Which of the following formal recognition approaches is designed to specifically help bring new employees into the organization?

A. Gift certificates

B. Recruitment bonus

C. Paid travel

D. Paid time off.

ANSWER: B

Explanation:

Recruitment bonus is correct because it is a formal, planned reward tied directly to attracting or securing talent for the organization. In a total rewards context, recruitment-related bonuses can be used to encourage the actions that expand the organization's candidate pool and result in successful hires, such as employee referrals, or to provide a financial inducement that helps a candidate accept employment. The defining purpose is talent acquisition: it supports the organization's ability to bring needed employees into the workforce, particularly when particular skills are scarce or hiring competition is high.

Formal recognition approaches are structured programs with stated eligibility rules, approval processes, and defined awards. A recruitment bonus therefore connects recognition or financial reward to a measurable staffing outcome—adding a new employee—and aligns with the talent attraction component of an overall total rewards strategy. The U.S. Office of Personnel Management describes recruitment incentives as payments used to support the appointment of newly hired employees, illustrating the direct connection between such incentives and hiring. WorldatWork's Total Rewards Model also identifies talent acquisition as an important workforce and rewards consideration. See OPM Recruitment Incentives and WorldatWork Total Rewards Model.

QUESTION NO: 16

Performance can be measured most objectively through which of the following methods?

A. Making direct observations

B. Documenting examples of performance

C. Quantifying performance data

D. Using management judgment.

ANSWER: C

Explanation:

Quantifying performance data is the most objective method because it uses defined, observable measures and numerical evidence rather than relying primarily on an evaluator's interpretation. Examples include production volume, sales revenue, error rates, quality-defect rates, project completion against stated milestones, response times, attendance, and customer-service scores. When the measures are clearly relevant to the role, consistently collected, and assessed against established standards or goals, they enable comparable performance evaluations across employees and review periods. In total rewards management, objective performance measures are particularly valuable because performance results may inform merit-pay decisions, incentive eligibility, and recognition. Sound measures should be aligned with organizational objectives, within the employee's reasonable influence, and balanced where needed so that employees are not rewarded for quantity at the expense of quality, safety, compliance, or collaboration. Numerical data do not eliminate the need for informed managerial review, but they provide the strongest evidentiary foundation for an objective assessment. The U.S. Office of Personnel Management describes performance management as measuring employee performance against established standards and communicating results; see OPM's Performance Management Cycle. For practical guidance on selecting meaningful performance measures and indicators, see the UK Government Performance Management Framework.